



Our Mission—Innovative recovery and rehabilitation to the homeless or needy, alcoholic and chemically dependent men and women through a continuing mutual-help program, which sustains their desire to return to a meaningful and productive life.

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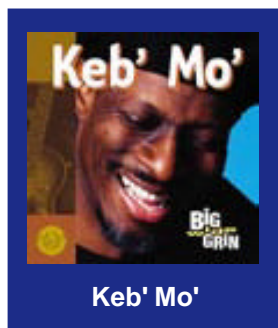
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2002 was a rough year financially for North Carolina and for the country. Since opening in January 2001, The Healing Place (THP) has operated on a calendar-year budget, with an annual budget of 1.3 million dollars. Our Board and staff have committed to run THP effectively and efficiently; therefore, we pledged to raise each year's budget by the close of the previous year. In other words, we wanted to raise the 2003 operating funds by the close of business on December 31, 2002.

Thanks to the generosity of our supporters, especially in these tight financial times, we made our budgetary commitment, though just barely. To accomplish this goal, we had to hold the line with no increases in the 2003 budget. Because of inflation in all areas, it became necessary to trim four positions from THP's budget. For example, our largest cost center, the Detox unit, was manned by two trained staff members 24 hours a day, seven days a week, plus a van driver to pick up clients. Subsequent cuts in Detox staff have meant a reduction in hours for pick up of clients around the county, but it does not mean a cut in services. In spite of having to tighten our budget this year, services to the homeless in Wake County continue with one of Wake County's most dedicated and professional group of staff and volunteers.

Moreover, on February 6, THP achieved a milestone: 100,000 bed nights had been provided by THP to the homeless population of Wake County, and more than 116 men had completed the program and were transitioned back into society. Eighty-three or 72 % are currently clean and sober, employed, and rebuilding their lives.

Visitors Continue to Tour THP



Keb' Mo'

Noted national blues performer Keb' Mo' visited The Healing Place in October. After a tour of our facility, Mo' lunched with residents and learned about the work we do. His songs reflect his concerns for the struggle of recovery, as illustrated in one of his most famous works, "The Door." Mo' showed special interest in THP's courtyard and in the large Thomas Sayre sculpture that symbolizes the journey through recovery.

In December, homeless activist and author Lee Stringer visited with THP clients. Stringer talked about his experiences and shared stories from his book *GRAND CENTRAL WINTER*, which recounts his days on the streets as a homeless person.

In January, THP hosted 30 members of the Leadership Triangle, a special task force of community leaders who are charged with examining the problems of our community and finding solutions through cooperation, awareness, and understanding. Also in January, State Senator Eric Reeves toured the facility along with Representatives Jennifer Weiss and Deborah Ross. In addition, Margaret Mullen, new Executive Director of the Downtown Alliance, was a recent visitor. We urge you to bring your family and friends to tour THP, to meet our residents, and to participate in this journey of recovery and hope.



An Interview with Dr. Visingardi

North Carolina is beginning a comprehensive reform of the entire mental health system. THP recently interviewed Dr. James Visingardi, Ph.D., Director of the state's Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, who spoke at length about the role of non-profits in the mental health system.

THP: What role will local non-profit organizations play after the mental health system has been reorganized?

Dr. V: The State Plan calls for Local Management Entities (LMEs) to contract all direct services to local private providers, many of which will be non-profit organizations. Through this, LMEs will develop a cadre of licensed, accredited, and credentialed providers so consumers are offered a choice of diverse providers. Funding sources will be the same under State Reform, which reflect a combination of federal block grants, state appropriations, and local revenues. Requirements attached to the Substance Abuse Prevention and Treatment Performance Partnership Block Grant and other funding award conditions will direct allocation of certain monies.

THP: What changes, if any, are planned for helping citizens recover from substance abuse addiction?

Dr. V: LMEs will receive state and federal funds to purchase services from private entities through contractual arrangements for identified populations of substance abusers. These populations follow the priorities identified in the Partnership Block Grant. Open-market competition will promote more choice and a higher standard of care to consumers.

THP: How will services for homeless substance abusers be coordinated?

Dr. V: North Carolina has formal coordination among homelessness service providers through the Governor's Interagency Council for the Coordination of Homeless Programs that represents agencies involved with homelessness. It also plans to take an even more active role in coordinating the state's homelessness policy. In addition, North Carolina participates in a federal Homelessness Policy Academy, whose purpose is to assist state agencies working with the homeless to develop a policy through interagency cooperation and coordination.

THP: What are your feelings about peer-to-peer programs for substance abusers?

Dr. V: The State Plan identifies the American Society of Addiction Medicine (ASAM) Patient Placement Criteria as the industry standard for the Substance Abuse Treatment Continuum. Persons in need must be matched to the appropriate level of care, achieve maximum benefit of effort, and reduce recidivism, and services are to be delivered by qualified professionals. We acknowledge the value of peer-to-peer relationships in recovery and recognize this as a critical element currently incorporated in existing programs such as The Healing Place's peer-to-peer model and believe that such programs can fill an obvious gap in the existing service continuum.

Your gift helps the homeless in Wake County — It's More Than A Miracle

\$175 gives a homeless addict a week in THP's effective rehabilitation program.



Whatever you can contribute to The Healing Place gives the homeless of Wake County a chance. Your gift will help a homeless person become a contributing member of society.

\$25 keeps a homeless person off the streets & in the program for a day.

Yes! I want to help the homeless of Wake County. My tax deductible contribution is:

Two Weeks \$350 One Week \$175 Five Days \$125 One Day \$25 Other \$

Name:

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Telephone: Fax: E-mail:

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Notes from a Donor & a Resident

December 2, 2002

Dennis,

Congratulations on the great work being done by The Healing Place.

My wife Eve and I are very happy to join in your support.

With all good wishes.

*Sherwood [Smith]
Former Chairman of CPL*

Dear Supporter of The Healing Place,

My name is Willie and I am an addict. I was born and raised in Raleigh. I have tried to stop using on several occasions. I've been to prison and through them have been put in a treatment program, and it didn't help me stop. The last time I got out I went back with my ex-wife and my children. I tried to stop so I could be with them because that was all I ever wanted. I always told myself if I could get my family back, I would stop. (I failed miserably!) But after reaching a very low bottom, I thank God for stopping my rapid destruction of myself. My God has put people in my life, such as yourselves and others to get me where I am today. Imagine, I am for the first time in decades truly happy and I live in a homeless shelter, but I'm not homeless because this is my home. Thank you and my family thanks you!

Love, Willie B.

Consider a Few Facts About The Healing Place

There are an estimated 2,000 homeless individuals each night in Wake County. **The facts about addiction are stark:**

- ⇒ Between 60% & 80% of the homeless are substance abusers
- ⇒ Addiction inhibits the ability to work
- ⇒ Addiction destroys families
- ⇒ Addiction ruins social relationships
- ⇒ Addiction may begin after one becomes homeless
- ⇒ Addiction creates & sustains homelessness

In Wake County, 60 to 80% of homeless men need shelter as well as substance abuse treatment. The County's 372 shelter beds will not accept anyone who is inebriated, so a homeless substance abuser often winds up in jail or in the hospital—at great expense to the taxpayer. **The Healing Place offers an alternative.**

In addition to physical shelter, we offer the hope of recovery to those who seek change and escape from the cycle of addiction and homelessness. With long-term residential substance abuse recovery and rehabilitation services based on a peer-recovery model, THP helps homeless substance abusers become responsible, productive, self-supporting citizens. This unique program has a **remarkable 80% recovery rate in five phases:**

- Emergency/Wet Shelter
- The Sobering-Up/Non-Medical Detoxification Center
- Off-the-Street Motivational Tracks
- Peer Recovery Phase
- Silver Chip Transition Back into Society

Incorporating Alcoholics Anonymous' 12-Step program, we find education about addiction to be the essential key. **"The more we understand our behavior, the more we can change."**

THP provides innovative recovery and rehabilitation to homeless, alcoholic and chemically dependent men through a continuing mutual-help program, which sustains their desire **to return to a meaningful and productive life.**



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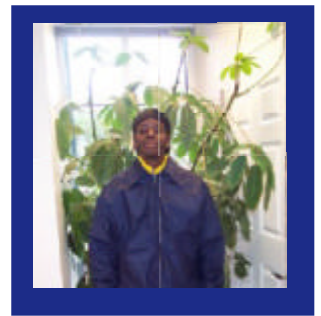
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Photos of residents saying "Thank You"

Again, it is with heartfelt gratitude that our staff, graduates, & residents thank our donors.
 Your generosity helps the homeless in Wake County—It's more than a miracle.



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Where a man finds the life he lost . . .

New Additions to the Board of Advisors

Ken Shivar, local businessman and THP supporter, has joined the Board of Advisors, as well as **Ms. Azalee Sain**. In addition, **Dr. Margaret Dardess** and **Dr. Dana Copeland** have completed their terms on our Board of Directors and have joined the Board of Advisors.

In Appreciation . . .

Alltel is our newest corporate supporter, supporting us with an annual gift as well as giving phone cards to the clients for Christmas.

Builder's Discount in Wendell, **Caudle Sand & Rock**, and **Lowe's** in **Clayton** donated materials for a new storage facility.

E.W. Williams gave railroad ties for our landscaping projects.

Charles D. Owen Manufacturing in **Swannanoa** donated blankets.

Life Uniform Company provided scrub uniforms for the clinic.

Embassy Suites Crabtree and **Cary**; **Comfort Inn** on **Capitol Blvd** and in **Fuquay-Varina**; and **Hampton Inn** of **Garner** donated toilet items, towels, and linens.

Morning Star Storage on **South Wilmington Street** and in **Clayton** have provided storage units.

Azalea Sain and her daughter **Vicki Teachey** redecorated our family room.

Hudson Belk of **Crabtree Valley**, **Target** of **Garner**, **Wal-Mart** of **Fuquay-Varina**, and **St. Paul's Episcopal Church** of **Cary** were all instrumental in our Christmas Gift Program for THP clients and their families.

We appreciate our corporate and business sponsors and thank them for their support. In 2001, items valued at over \$90,000 were donated by local businesses and individuals. These donations go a long way in making our operation efficient and effective.